


YAWANAWA RETREAT – ALDEIA AMPARO/ACRE

July 21 - 27, 2025

ACRE/BRAZIL



A man in traditional Yawanawa attire is shown in profile, facing right. He wears a large, elaborate headdress featuring a dense layer of bright yellow feathers at the base, topped with several long, dark red feathers that curve upwards and outwards. He has red body paint on his face and chest. The background is a lush, green tropical forest with various plants and trees. The entire image has a semi-transparent green overlay.

Join us on this journey of deep healing, connection,
and self-discovery. For those seeking true contact
with indigenous peoples, learning their practices and
culture, this is an opportunity to immerse yourself in
the heart of the Amazon rainforest alongside the
Yawanawa people.



Aldeia Amparo is the third village along the Gregório River, led by the chiefs Veera and Shaya. It is a small village home to many families, known for its welcoming and loving atmosphere.



About the Yawanawa People

The Yawanawa people, known as the "wild boar people," inhabit various villages along the Gregório River in the heart of the Amazon Rainforest, in the state of Acre.

Their first contact with non-indigenous people occurred in the 19th century, a period marked by intense conflicts with rubber tappers and missionaries who invaded their lands and attempted to suppress their culture and spirituality.

The Yawanawa have been engaged in a profound cultural renaissance. They have revitalized their sacred medicines, rituals, songs, dances, festivals, traditional games, body painting, artwork, and cuisine.

This revival is not merely a return to tradition but a powerful affirmation of their identity and resilience, ensuring their heritage thrives for future generations. The Yawanawa continue to share their wisdom and culture with the world, standing as a testament to the strength and vitality of their people.

In the 1980s, through the leadership and resistance of their elders, the Yawanawa began reclaiming their culture and traditions.

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ACCOMMODATION

The accommodation will be in traditional Yawanawa architecture, located in the Amparo Village. For your stay, you will need to bring tents or hammocks.

Remember to bring ropes and mosquito nets to set up the hammocks. The bathrooms are ecological and separate from the accommodation.

WHAT TO BRING

- Mosquito net
- Water bottle with filter
- Flashlight
- Candle
- Lighter
- Organic repellent,
- Personal hygiene products, Pillow, warm clothing and blanket for the cold nights of ceremony
- Hammocks with mosquito net or tent
- Safe and comfortable shoes for the forest.
- Dark clothes, earth and forest colors.
- Chargers for electronic devices.
- Musical instruments. .

Note: Try to get everything in advance, before arriving in Tarauacá, due to the short time available and the possibility of lack of stock in the stores. There are no stores in the village.



Itinerary

July 19/20/

Arrival at Rio Branco airports. Overnight stay at a hotel for rest next day. road trip to Tarauaca

July 21

- 8:00 AM – Departure from Tarauaca towards Vila de São Vicente, on the banks of the Gregório River.

- 11:00 AM – Arrival at Vila de São Vicente and departure by boat to Aldeia Amparo (approximately 3-hour trip).
- 3:00/4:00 PM – Arrival at Aldeia Amparo.

- July 22 – 27
- Retreat at Yawanawa Amparo village



Experiences & Ceremonies

- Body painting with the sacred kenes (traditional Yawanawa patterns).
- Exchange of knowledge and storytelling.
- Clay and medicinal herb baths for protection and purification.
- Kapum sessions (frog medicine).
- Preparation of rapé (traditional medicine).
- Rapé circles (traditional medicine).
- Uni ceremonies (sacred ayahuasca drink).
- Sananga circles (traditional eye medicine).
- Visit to the Sacred Samaúma, the largest tree in the Amazon Rainforest.
- Traditional meals.
- Handicraft fair.
- Sacred singing



DAY 1 (21/07)
ARRIVAL AT VILLAGE

DEPARTURE TARAUACA TO THE VILLAGE SÃO VINCENTE/AC, WHERE WE BOARD THE BOAT, WE WILL ARRIVE IN THE VILLAGE IN THE AFTERNOON. NIGHT OF REST.

2ND DAY (22/07)
AMPARO VILLAGE

COFFEE, BODY PAINTING, TRADITIONAL INDIGENOUS LUNCH, HANDICRAFTS EXHIBITION, UNI CEREMONY (AYAHUASCA) IN THE EVENING

3rd DAY (23/07)
AMPARO VILLAGE

COFFEE, TRADITIONAL INDIGENOUS LUNCH, STORYTELLING OF THE YAWANAWA PEOPLE. NIGHT OF REST.

4th DAY (24/07)
AMPARO VILLAGE

HERBAL BATH WITH CONSECRATION OF UNI, TRADITIONAL INDIGENOUS LUNCH, HANDICRAFTS EXHIBITION, NIGHT WITH SACRED SONGS AND GUEST MUSICIANS.

5th DAY (25/07)
AMPARO VILLAGE

VILLAGE TOUR, TRADITIONAL INDIGENOUS LUNCH, VISIT TO THE MEDICINAL PLANTS IN THE FOREST. NIGHT'S REST.

6th DAY (26/07)
AMPARO VILLAGE

COFFEE, CLAY BATH (MAPU), ARTS EXHIBITION , UNI CEREMONY (AYAHUASCA) AT NIGHT.

7th DAY (27/07)
DEPARTING FROM
ALDEIA AMPARO

COFFEE, DEPARTURE FROM THE VILLAGE BY BOAT, ARRIVAL IN THE VILLAGE OF SÃO VICENTE, DIRECT TRANSFER TO RIO BRANCO



REGISTRATION

Total amount: US\$ 1.875,00 .
Brazilian Reais 10.950

What's included:

Airport transfer pick up hotel - round way, 2 nights in a hotel in Rio Branco (Arriving and one on the way back) 1 night hotel in Tarauaca ,Ground transportation from Rio Branco to Rio Gregório - Round way Boat to Amparo Village - Round way Amparo Village experience, including all activities, ceremonies, and meals

Limited spots available!

Due to the exclusivity of this event and the deep cultural and spiritual immersion it offers, we carefully select participants to ensure alignment with the experience.

***Airfare is not included.** It is the responsibility of each participant to arrive in Rio Branco city on the specified date.



WITH THE EXPERTISE

Teresa Lundgren

Teresa is a mother to two children; she lived in Sweden for 18 years before returning to her native Brazil to answer to her spiritual search.

In 2016, she received an invitation from Tashka Yawanawa, to visit Mutum for the Festival Mariri. She came in contact with the medicine the first time there, and entered into this spiritual path. After this first contact, her relationship with the tribe has deepened; she has visited other territories of the Yawanawa and also receives members of the tribe in the city of Rio Branco where she lives and runs her bed and breakfast. Her space is a sanctuary for those entering and leaving the jungle, she is a bridge between the visitors and the indigenous, often coordinating the connection for both.

She has received the profound study of the Mamã diet with Matsini, and is committed to supporting the continuation of this work for more people to find the spiritual and physical cure that they are searching for.



PAYMENT METHODS

For Yawanawa retreat 2025
To secure your spot for the retreat , please follow the payment instructions below.

International Bank Transfer

(Wise, PayPal,)

Recommended for international participants

Transaction FEES apply Secure online payment option.

Secure Your Spot: 50% of the total amount (non-refundable)

✓ **Final Payment Due: June 04, 2025 or 20 days before the RETREAT date.**

How to Confirm Your Payment?

After the interview and agreement the payment link will be sent to your email.

please send proof of transaction via WhatsApp or email, including:

- ✓ Your full name
- ✓ Payment receipt/screenshot
- ✓ The package option selected

✉ **For payment details and instructions, contact us via
WhatsApp +55(68)9999304040
or email. lundgrenpastrana@gmail.com**



Yawanawa family from the Amparo village

